Save the Date

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DHA ACCREDITATION 15 CPD CREDIT POINTS

# 2nd Best of Elite Ped-GI

October 29 - 31, 2026 | Millennium Airport Hotel, Dubai, UAE

**Featuring Parallel Session**

**NutriMENA 2026**
**Pioneering Parenteral Nutrition Practices**
October 31, 2026






**Dr. Christos Tzivinikos**
**Conference Chairman**
MD DCH FRCPCH MSc CEBP
Consultant Paediatric Gastroenterologist
Clinical Professor of Paediatric Gastroenterology
MBRU School of Medicine
Al Jalila Children's Specialty Hospital,
Dubai Health, UAE


## Welcome Message

We are delighted to announce the **Best of Elite Ped-GI** featuring **NutriMENA 2026** on **29 - 31 October 2026** at the **Millennium Airport Hotel, Dubai, UAE**. The meeting is dedicated to advancing clinical knowledge and best practices in pediatric gastroenterology and nutrition, with a particular emphasis on parenteral nutrition in children with complex gastrointestinal disorders. It will serve as a unique platform for healthcare professionals to engage with the latest research, innovations, and clinical guidelines in a rapidly evolving field.

The scientific program will feature dedicated hands-on workshops for both Elite Ped-GI and NutriMENA, providing practical, case-based learning led by esteemed international and regional experts. Designed to support skill development and improve clinical outcomes in pediatric care, the event will bring together a distinguished group of pediatricians, gastroenterologists, clinical nutritionists, researchers, nurses, and other healthcare professionals from across the Middle East and beyond. Attendees can look forward to keynote lectures, panel discussions, clinical case reviews, and networking opportunities aimed at fostering collaboration and cross-disciplinary innovation.

We warmly invite you to join us this October in Dubai for two days of meaningful exchange, learning, and advancement in pediatric gastroenterology and nutrition.

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# Learning Objectives:

## Enhance Diagnostic Competence in Pediatric GI Disorders

Participants will learn to accurately diagnose and distinguish between various pediatric GI conditions using the latest criteria and clinical tools. A parallel hands-on workshop will reinforce these skills through practical training.

## Apply Evidence-Based Therapeutic Strategies

Attendees will gain the ability to implement up-to-date, evidence-based treatments ranging from nutrition to advanced medications tailored to pediatric GI and liver disease cases.

## Improve Multidisciplinary Collaboration for Better Patient Outcomes

Learners will enhance their teamwork skills with dietitians, nurses, and allied health professionals. The Al Jalila Children's Specialty Hospital Dubai team will share its expertise from running multidisciplinary clinics for complex conditions such as aerodigestive disorders, cystic fibrosis, and celiac disease.

# Target Audience

- Primary Care
- Pediatrics
- Neonatology
- Family Medicine
- Infectious Diseases
- Hematology
- Internal Medicine
- Immunology
- Gastroenterologists & Surgeons
- ICU Adults and Pediatric Residents
- Clinical Pharmacists
- Hospital Pharmacist Technicians
- PharmD Students
- Clinical Dietitians
- Nursing
- Allied Health
- Clinical Laboratory



# Register Now!

*5% VAT Exclusive*

**Physician**
**1,200 AED**
Click Here to Register

**Non-Physician**
**900 AED**
Click Here to Register

**Student**
**750 AED**
Click Here to Register

**Ultrasound Workshop**
**300 AED**
Click Here to Register




www.elite-pedgi.com

# Faculty



## Dr. Christos Tzivinikos

Conference Chairman
MD DCH FRCPCH MSc CEBP
Consultant Paediatric Gastroenterologist
Clinical Professor of Paediatric Gastroenterology
MBRU School of Medicine
Al Jalila Children's Specialty Hospital,
Dubai Health, UAE



## Dr. Adli Maher Mohammed Baroud

DBA, RN, CIC®
Infection Prevention & Control Charge Practitioner
Al Jalila Children's Specialty Hospital,
Dubai Health, Dubai, UAE



## Dr. Ahmed Adel Hassan

Consultant Paediatric &
Congenital Interventional Cardiologist,
Lead, Paediatric Pulmonary
Hypertension Service, Dubai Health
Al Jalila Children's, Latifa, Dubai Hospital,
Dubai, UAE



## Dr. Ajmal Kader

MD (Pediatrics), MRCPCH (UK),
CCT (Pediatrics & Ped Gastro)[UK], FRCPCH (UK)
Consultant Pediatric Gastroenterologist
Head of Department,
Al Jalila Children's Specialty Hospital, Dubai



## Dr. Amal Alnuaimi

MBBS, Arab Board
Pediatric Gastroenterology Fellow |
Arab Board Certified Pediatric Specialist
Al Jalila Children's Specialty Hospital,
Dubai, UAE



## Dr. Anas Bernieh

Consultant, Anatomic & Pediatric Pathology
Division of Pathology & Laboratory Medicine,
Dubai Health
Dubai, UAE



## Dr. Azhar Abuali

Senior Clinical Psychologist &
Pediatric Mental Health Research Lead
Clinical Lecturer, Mohammed Bin Rashid University
Al Jalila Children's Specialty Hospital,
Dubai, UAE



## Dr. Balaji Krishnamurthy

Consultant Paediatric Gastroenterologist &
Program Director – Paediatric Gastroenterology Fellowship Program
Al Jalila Children's Specialty Hospital,
Dubai, UAE



## Dr. Buthaina Al Murbati

Senior Pediatrician &
Consultant Pediatric Gastroenterologist
Home TPN Lead, Al Jalila Children's Hospital
Dubai, UAE



## Prof. David Rawat

MB BAO BCh, LRCP & SI, MRCPCH, MSc
Consultant Paediatric Gastroenterologist &
Lead for Paediatric GI Motility Services
The Royal London Hospital, London, UK
Clinical Professor, Khalifa University College of Medicine and Health Sciences, UAE



## Dr. Doaa Zourob

MBBS, MRCPCH, Arab Board, ArBPGHN
Pediatric Consultant
Pediatric Gastroenterology, Hepatology & Nutrition
Al Mushrif Pediatric Subspecialty Center, SEHA
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## Dr. Ehsan Malik

MBBS, M.Ch., MRCPCH
Consultant Pediatric
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Dubai, UAE



## Dr. Eiman Aljaberi

MBBCh, Arab Board, Saudi Fellowship
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Deputy Program Director
Pediatric Gastroenterology Fellowship Program
Al Jalila Children's Specialty Hospital,
Dubai, UAE



## Dr. Einar Hafberg

MD
Consultant Physician, Gastroenterology & Hepatology
Medical Director, Pediatric Liver Transplant Program
Sheikh Khalifa Medical City,
Abu Dhabi, UAE

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# Faculty



## Ms. Eman Elyyan

MN, BSN
Advanced Practice Nurse /
Clinical Nurse Specialist – Gastroenterology
Home Parenteral Nutrition (HPN) Program Lead
Al Jalila Children's Specialty Hospital,
Dubai, UAE



## Dr. Huda Alghfeli

Pediatric Gastroenterology Consultant
Burjeel Medical City,
Abu Dhabi, UAE



## Dr. Hussain Saber Aldaher

MBBS
Senior Pediatric Resident (PGY-4)
Al Jalila Children's Hospital,
Dubai Health, UAE



## Dr. Ibrar Majid

MBE MBBS MRCS(Eng) MSc(Orth Eng)
FRCS (Tr&Orth) CCT
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Trauma and Orthopedic Surgeon
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Al Jalila Children's Specialty Hospital
Dubai health, UAE



## Dr. Iyad Ghazal

M.Sc/Clinical Pharmacist
Clinical Pharmacist
Sheikh Khalifa Medical City (SKMC),
Abu Dhabi, UAE



## Prof. Jorge Amil

Pediatric Gastroenterologist, Hospital Lusíadas,
Porto, Portugal
Chair, Public Affairs Committee, ESPGHAN



## Dr. Khlood Catroon

BSc Pharmacy, MSc Clinical Pharmacy
Senior Clinical Pharmacist,
Neonatal Intensive Care Unit (NICU),
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Abu Dhabi, UAE



## Ms. Lubna Dhalani

RD, CDE, CBN
Clinical Dietitian & Diabetes Educator,
Pediatric Nutrition & Obesity Management,
Al Jalila Children's Hospital & Aster Clinics,
Dubai, UAE



## Dr. Majd Fraihat

MBBS, MRCPCH
Chief Pediatric Gastroenterology Fellow,
Al Jalila Children's Hospital;
Arab Board Certified in Pediatrics and
Neonatology,
Dubai, UAE



## Dr. Maryam Al khateri

Consultant Gastroenterologist &
Head of Gastroenterology and
Endoscopy Department
Obaidullah Hospital, Emirates Health Services
Ras Al Khaimah, UAE



## Dr. Mason Assaf

PharmD, BCNSP, BCOSP,
Clinical Pharmacist,
Al Jalila Children's Specialty Hospital,
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## Dr. Maysa Saleh

FRCPCH, MD, PhD
Consultant Pediatric Endocrinologist,
Pediatric Residency Program Deputy,
Adjunct & Clinical Associate Professor,
Al Jalila Children's Specialty,
University of Sharjah & MBRU, Dubai, UAE



## Prof. Michael Thomson

Professor of Paediatric Gastroenterology,
Sheffield University Medical School
Consultant Paediatric Gastroenterologist and
Interventional Endoscopist,
Sheffield Children's Hospital, UK



## Dr. Mohamad Miqdady

American Board of Ped. GI,
Hepatology & Nutrition
Chief, Ped. GI, Hepatology & Nutrition Division
Sheikh Khalifa Medical City
Clinical Professor, College of Medicine &
Health Sciences. Khalifa University,
Abu Dhabi, UAE

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# Faculty



## Prof. Mohamed Zulficar

MB ChB
Professor of Paediatric Bone Disorders,
Al Jalila Children's Specialty Hospital,
Dubai Health, Dubai, UAE



## Dr. Mohammed Nabil Quraishi

PhD, MBChB, MSc, FRCP, FRCPE, FEBGH
Consultant Gastroenterologist & Director,
IBD Center, Sheikh Shakhbout Medical City (SSMC),
Abu Dhabi, UAE



## Dr. Naeem Ayub

Consultant Paediatrician &
Paediatric Gastroenterologist
Sheikh Khalifa Medical City –
Women & Children's Hospital,
Ajman, UAE



## Dr. Nishar Ahmed

Clinical Nutrition Educator,
Abu Dhabi, UAE



## Dr. Omar Alsoukhni

PharmD, MSc, BCNSP
Pharmacy Manager, Inpatient Services
Board Certified Nutrition Support Pharmacist |
Clinical Pharmacy & Pediatric/Neonatal Nutrition Specialist
Cleveland Clinic Abu Dhabi, UAE



## Dr. Pravin Chaturvedi

Ph.D.
Adjunct Assistant Professor, Department of Medicine (Endocrinology)
Georgetown University Medical Center,
Washington, DC, USA
Chairman, Scientific Advisory Board &
Chief Scientific Officer,
Napo Pharmaceuticals, A Jaguar Health Company
Co-Founder, Chief Executive Officer & Director,
Oceanyx Pharmaceuticals, USA



## Dr. Rajeev Tomar

MBBS, MD, FRCPCH, MBA
Clinical Director – Paediatrics |
Paediatric Hepatology & Liver Transplantation
Dubai, UAE



## Dr. Rana Bitar

Assistant Professor, Khalifa University,
Consultant Paediatric Gastroenterologist,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



## Dr. Ronda Ihsan Hashem Alsamhouri

MBBS
Pediatric Gastroenterology Fellow
Al Jalila Children's Specialty Hospital,
Dubai, UAE



## Dr. Shayda Al-Talabani

Family Medicine Specialist & Senior Lecturer
College of Medicine, Hawler Medical University,
Kurdistan, Iraq



## Ms. Stephy George

Pediatric TPN Nurse &
Home Parenteral Nutrition Coordinator
Al Jalila Children's Specialty Hospital,
Dubai Health
Dubai, UAE

# Scientific Agenda

Day 1: 29th October 2026, Thursday

2nd Best of Elite Ped-GI

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|---|---|
| 14:30 | Registration |
| 15:45 | Welcome Note<br>Chairman of Congress & Congress Committee |
| | **State of the Art Lectures**<br>**Moderators: Dr. Wafaa Faysal and Dr. Balaji Krishnamurthy** |
| 16:00 | Best of DDW/UEGW 2026 in IBD<br>Dr. Mohammed Nabil Quraishi, UAE |
| 16:30 | What is New with the 2025-2026 ESPGHAN Guidance for UC and Crohn's in Children<br>Dr. Jorge Amil Dias , Portugal |
| 17:00 | Management of GI Bleeding in Children (New ESPGHAN Guidance)<br>Prof. Michael Thomson, UK |
| 17:30 | Role Laser Confocal Endomicroscopy CLE in GI Diseases<br>Dr. Christos Tzivinikos, UAE |
| 18:00 | Poster Session, Coffee Break & Exhibits |
| | **Keynote Lectures**<br>**Moderators: Dr. Kamal Hassan, Dr. Mohamed Rabea and Dr. Ala Khalil Shaikhkhalil** |
| 18:20 | Implementation of MDT Aerodigestive Clinic<br>Dr. Balaji Krishnamurthy, UAE |
| 18:50 | Mistakes in Gastrostomy Insertion in Children and How to Avoid Them (UEG Gut Guide)<br>Prof. Michael Thomson, UK |
| 19:20 | Mistakes in Foreign Body Ingestion in Children and How to Avoid Them (UEG Gut Guide)<br>Dr. Jorge Amil Dias , Portugal |
| 19:50 | Pediatric Liver Transplant Service in UAE: A Tandem Talk by King's College Hospital and SKMC<br>Dr. Rajeev Tomar, UAE and Dr. Einar Hafberg, UAE |
| 20:20 | Portal Hypertension in Children<br>Dr. Eiman Aljaberi, UAE |
| | **Plenary Presentations** |
| 20:40 | Critical Role of TDM in Treatment with Biologics in IBD<br>Dr. Amal Alnuaimi, UAE |
| 20:50 | Discontinuation of Biologics in Pediatric IBD? Is it Feasible? When and How Long Before Relapse?<br>Dr. Majd Fraihat, UAE |
| 21:00 | Pediatric Eosinophilic Esophagitis Updates: New Guidelines and Management in the Biologic Era<br>Dr. Rana Bitar, UAE |
| 21:10 | Dinner |

# Scientific Agenda

Day 2: 30th October 2026, Friday

2nd Best of Elite Ped-GI

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|---|---|
| 7:30 | Registration |
| | **Clinical Practice**<br>**Moderators: Dr. Sofia Konstantinopoulou, Dr. Amer Azaz and Dr. Messef Abdul Razzak** |
| 8:30 | Beyond Survival - Newer Challenges in Home Parenteral Nutrition<br>Dr. Ajmal Kader, UAE |
| 9:00 | Nutrition in Celiac Disease<br>Ms. Lubna Dhalani, UAE |
| 9:30 | MDT Care and Home PN for Intestinal Failure Paitent<br>(Tandem Talk with Doctor and PN Nurse)<br>Dr. Buthaina Almurbati, UAE and Ms. Stephy George, UAE |
| 9:50 | Panel Discussion - Intestinal Barrier Beyond TPN<br>Dr. Mohamad Miqdady, UAE, Dr. Christos Tzivinikos, UAE and Dr. Pravin Chaturvedi, USA<br>*Disclaimer to learners: This scientific talk is sponsored by Napo Pharmaceuticals* |
| 10:10 | Bone Health in Intestinal Failure<br>Prof. Mohamed Zulficar , UAE |
| 10:30 | Biosimilars in IBD<br>Dr. Christos Tzivinikos, UAE |
| 10:50 | Poster Session, Coffee Break & Exhibits |
| | **Keynote Lectures**<br>**Moderators: Dr. Rafia Owera and Dr. Yasser Negm** |
| 11:10 | Evaluation and Management of Metabolic Dysfunction – Associated Steatotic Liver Disease in Children in 2026<br>Dr. Naeem Ayub, UAE |
| 11:30 | Obesity and Use of GLP-1 and Development of MDT Obesity Clinic in AJCH<br>Dr. Omar Alsoukhni , UAE |
| 11:50 | Rethinking Pediatric Obesity Management: The Emerging Role of Pharmacotherapy Promise. Potential and Pitfalls<br>Dr. Maysa Saleh, UAE |
| 12:10 | Endobariatrics Option in Obesity<br>Dr. Maryam Al khateri, UAE |
| 12:30 | Opening Ceremony<br>Dr. Ibrar Majid, (Chair Department of Pediatrics, Dubai Health) |
| 12:45 | Prayer & Lunch |

# Scientific Agenda

Day 3: 31st October 2026, Saturday

## 2nd Best of Elite Ped-GI

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|---|---|
| 7:30 | Registration |
| | **Clinical Practice**<br>**Moderators: Dr. Faatimah Irfaanah and Dr. Tarik Barakat** |
| 8:30 | Wilson's Disease (ESPGHAN Guidance and New Treatment on the Horizon)<br>Dr. Huda Alghfeli, UAE |
| 9:00 | Eosinophilic Esophagitis: Histology & Pathology<br>Dr. Anas Bernieh, UAE |
| 9:20 | Exploring the Science Behind IBAT Inhibition in PFIC & ALGS<br>Dr. Mohamad Miqdady, UAE<br>*Disclaimer to learners: This scientific talk is sponsored by IPSN* |
| 9:40 | Bile Acid Disorders<br>Dr. Mohamad Miqdady, UAE<br>*Disclaimer to learners: This scientific talk is sponsored by Meca Pharma / Pharmalink* |
| 10:00 | Poster Session, Coffee Break & Exhibits |
| | **Keynote Lectures**<br>**Moderators: Dr. Neda and Dr. Amal Alnaumi** |
| 10:20 | Mental health MDT Role in DGBIs<br>Dr. Azhar Abuali, UAE |
| 10:50 | Challenging the Stigma: Recognizing and Treating DGBIs - The New Rome<br>Prof. David Rawat, UK |
| 11:20 | Esophageal Anomalies in Children: From Diagnosis to Management<br>Dr. Ehsan Malik, UAE |
| 11:50 | Poster Session, Coffee Break & Exhibits |

## NutriMENA 2026
### Pioneering Parenteral Nutrition Practices

| | |
|---|---|
| 7:30 | Registration |
| | **Moderator: Dr. Mohammad Alqudah** |
| 8:30 | Premixed Parenteral Nutrition: Patient Selection and Clinical Applications<br>Dr. Omar Alsoukhni, UAE |
| 8:55 | Nutritional Management in Pediatric with Cogenital Heart Disease: Optimizing Growth and Outcomes<br>Dr. Iyad Ghazal |
| 9:20 | Tailoring Nutritional Therapy: Disease-Specific Nutrition Support Strategies<br>Dr. Khlood Catroon, UAE |
| 9:45 | Question & Answer |
| 10:00 | Coffee Break & Exhibits |
| 10:15 | Home Parenteral Nutrition: Building Sustainable Care Beyond the Hospital<br>Dr. Mason Assaf, UAE |
| 10:40 | Nutrition Assessment in Clinical Practice: From Screening to Personalized Nutrition Care Plans<br>Dr. Nishar Ahmed, UAE |
| 11:05 | Nursing Workshop: Infection Prevention and Best Practices in Nutrition Support<br>Dr. Adli Baroud, UAE<br>Ms. Eman Elyyan |

# Scientific Agenda

Day 3: 31st October 2026, Saturday

## 2nd Best of Elite Ped-GI

**Keynote Lectures**
**Moderators: Dr. Shaden Najeb and Dr. Georges Nawfal**

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|---|---|
| 12:10 | GI Dystonia: From Concept to Recognized Disorder<br>Prof. David Rawat, UK |
| 12:40 | When the Liver Talks to the Lungs: Abernethy Malformation and Portopulmonary Hypertension in Children<br>Dr. Ahmed Adel Hassan, UAE |
| 13:00 | JAK Inhobitors and New IL-23 Adult and Pediatric Data<br>Dr. Ronda Alsamhouri, UAE |
| 13:20 | Abstract Oral Presentation 1<br>The Efficacy of Topical Steroids Compared to Dupilumab in Children with Eosinophilic Esophagitis: A Single-Center Comparative Study<br>Dr. Doaa Zourob, UAE |
| 13:30 | Abstract Oral Presentation 2<br>Hyperphagia and Early-Onset Obesity: A Case of Leptin Receptor Deficiency<br>Dr. Shayda Al-Talabani, IQ |
| 13:40 | Abstract Oral Presentation 3<br>From Diet to Biologics: A Retrospective Evaluation of Treatment Outcomes in Pediatric Eosinophilic Esophagitis — A Single-Center Experience from the United Arab Emirates<br>Dr. Hussain Saber Aldaher, UAE |
| 13:50 | Abstract Awards and Adjournment |
| 14:00 | Lunch |

## NutriMENA 2026

### Pioneering Parenteral Nutrition Practices

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|---|---|
| 11:50 | Coffee Break & Exhibits |
| 12:10 | Workshop: Modern Sterile Compounding and Automation – Technologies for Efficiency, Safety, and Time Management<br>Dr. Omar Alsoukhni, UAE |
| 14:00 | Lunch |




For more information, please contact:
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www.elite-pedgi.com