

Save the Date



2nd Best of Elite Ped-GI

October 29 - 31, 2026 | Millennium Airport Hotel, Dubai, UAE



Featuring Parallel Session



NutriMENA 2026
Pioneering Parenteral
Nutrition Practices

October 31, 2026



Dr. Christos Tzivinikos
Conference Chairman

MD, DCH, FRCPCH, MSc, CEBP
Consultant Pediatric Gastroenterologist,
Al Jalila Children's Specialty Hospital, Dubai
Clinical Associate Professor,
MBRU School of Medicine, Dubai, UAE

Welcome Message

We are delighted to announce the **Best of Elite Ped-GI** featuring **NutriMENA 2026** on **29 - 31 October 2026** at the **Millennium Airport Hotel, Dubai, UAE**. The meeting is dedicated to advancing clinical knowledge and best practices in pediatric gastroenterology and nutrition, with a particular emphasis on parenteral nutrition in children with complex gastrointestinal disorders. It will serve as a unique platform for healthcare professionals to engage with the latest research, innovations, and clinical guidelines in a rapidly evolving field.

The scientific program will feature dedicated hands-on workshops for both Elite Ped-GI and NutriMENA, providing practical, case-based learning led by esteemed international and regional experts. Designed to support skill development and improve clinical outcomes in pediatric care, the event will bring together a distinguished group of pediatricians, gastroenterologists, clinical nutritionists, researchers, nurses, and other healthcare professionals from across the Middle East and beyond. Attendees can look forward to keynote lectures, panel discussions, clinical case reviews, and networking opportunities aimed at fostering collaboration and cross-disciplinary innovation.

We warmly invite you to join us this October in Dubai for two days of meaningful exchange, learning, and advancement in pediatric gastroenterology and nutrition.



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Learning Objectives:

Enhance Diagnostic Competence in Pediatric GI Disorders

Participants will learn to accurately diagnose and distinguish between various pediatric GI conditions using the latest criteria and clinical tools. A parallel hands-on workshop will reinforce these skills through practical training.

Apply Evidence-Based Therapeutic Strategies

Attendees will gain the ability to implement up-to-date, evidence-based treatments ranging from nutrition to advanced medications tailored to pediatric GI and liver disease cases.

Improve Multidisciplinary Collaboration for Better Patient Outcomes

Learners will enhance their teamwork skills with dietitians, nurses, and allied health professionals. The Al Jalila Children's Specialty Hospital Dubai team will share its expertise from running multidisciplinary clinics for complex conditions such as aerodigestive disorders, cystic fibrosis, and celiac disease.

Target Audience

- Primary Care
- Pediatrics
- Neonatology
- Family Medicine
- Infectious Diseases
- Hematology
- Internal Medicine
- Immunology
- Gastroenterologists & Surgeons
- ICU Adults and Pediatric Residents
- Clinical Pharmacists
- Hospital Pharmacist Technicians
- PharmD Students
- Clinical Dietitians
- Nursing
- Allied Health
- Clinical Laboratory

Early Bird Registration

Until August 30, 2026 Only | 5% VAT Exclusive

Physician
1,200 AED

[Click Here to Register](#)



Non-Physician
900 AED

[Click Here to Register](#)



Student
750 AED

[Click Here to Register](#)



Ultrasound Workshop
300 AED

[Click Here to Register](#)





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Faculty



Dr. Christos Tzivinikos

Conference Chairman
MD DCH FRCPCH MSc CEBP
Consultant Pediatric Gastroenterologist
Clinical Associate Professor at
MRBU School of Medicine
Al Jalila Children's Specialty Hospital, Dubai, UAE



Dr. Abudlqader Al Zubaidi

Pediatric Gastroenterology Fellow
Al Jalila Children's Hospital,
Dubai Academic Health Corporation
Dubai, UAE



Dr. Adli Baroud

Registered Nurse, MBA, CBIC
Al Jalila Children's Specialty Hospital
Dubai, UAE



Dr. Ajmal Kader

MD (Pediatrics), MRCPCH (UK),
CCT (Pediatrics & Ped Gastro)[UK], FRCPCH (UK)
Consultant Pediatric Gastroenterologist
Head of Department,
Al Jalila Children's Specialty Hospital, Dubai



Dr. Amal Alnuaimi

Pediatric Gastroenterology Fellow
Al Jalila Children's Specialty Hospital
Dubai, UAE



Dr. Anas Bernieh

Consultant, Anatomic & Pediatric Pathology
Division of Pathology & Laboratory Medicine,
Dubai Health
Dubai, UAE



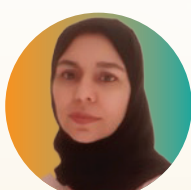
Dr. Azhar Abuali

Senior Clinical Psychologist &
Pediatric Mental Health Research Lead
Clinical Lecturer, Mohammed Bin Rashid University
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Balaji Krishnamurthy

Consultant Paediatric Gastroenterologist,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Buthaina Al Murbati

Senior Pediatrician & Consultant Pediatric
Gastroenterologist
Home TPN Lead,
Al Jalila Children's Hospital
Dubai, UAE



Prof. David Rawat

Clinical Professor
Consultant Paediatric Gastroenterologist
The Royal London Hospital, UK



Dr. Ehsan Malik

MBBS, M.Ch., MRCPCH
Consultant Pediatric
Gastroenterology and Hepatology,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Eiman Aljaberi

MBBCH, Arab Board, Saudi Fellowship
Consultant Pediatric Gastroenterologist &
Deputy Program Director,
Pediatric Gastroenterology Fellowship,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Einar Hafberg

Pediatric Transplant Hepatologist and
Gastroenterologist
Private Practice, Capital Region, Iceland



Prof. Jorge Amil

Consultant Pediatric Gastroenterologist,
Hospital Lusíadas Porto,
Chair of the Public Affairs Committee,
ESPGHAN, Portugal



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Faculty



Ms. Lubna Dhalani

RD, CDE, CBN
Clinical Dietitian & Diabetes Educator,
Pediatric Nutrition & Obesity Management,
Al Jalila Children's Hospital & Aster Clinics,
Dubai, UAE



Dr. Majd Fraihat

MBBS, MRCPCH
Chief Pediatric Gastroenterology Fellow,
Al Jalila Children's Hospital;
Arab Board Certified in Pediatrics and
Neonatology,
Dubai, UAE



Dr. Maryam Alkhatry

Consultant Gastroenterologist &
Head of Gastroenterology and
Endoscopy Department
Obaidullah Hospital, Emirates Health Services
Ras Al Khaimah, UAE



Dr. Mason Assaf

PharmD, BCNSP, BCOSP,
Clinical Pharmacist,
Al Jalila Children's Specialty Hospital,
Sharjah, UAE



Dr. Maysa Saleh

FRCPC, MD, PhD
Consultant Pediatric Endocrinologist,
Pediatric Residency Program Deputy,
Adjunct & Clinical Associate Professor,
Al Jalila Children's Specialty,
University of Sharjah & MBRU, Dubai, UAE



Prof. Mike Thomson

MB ChB, DCH, FRCP, FRCPC, MD
Professor of Pediatric Gastroenterology,
Sheffield University Medical School
Consultant Pediatric Gastroenterologist &
Interventional Endoscopist,
Sheffield Children's Hospital, UK



Dr. Mohamad Miqdady

American Board of Ped. GI,
Hepatology & Nutrition
Chief, Ped. GI, Hepatology & Nutrition Division
Sheikh Khalifa Medical City
Clinical Professor, College of Medicine &
Health Sciences, Khalifa University,
Abu Dhabi, UAE



Dr. Mohammad Shara

Associate Professor of Clinical Pharmacy
Dept. of Pharmacy Practice and
Pharmacotherapeutics College of Pharmacy
University of Sharjah
Sharjah, UAE



Dr. Nabil Qureshi

PhD, MBChB, FRCP, FRCPE, FEBGH
Consultant Gastroenterologist &
Director of IBD Center,
Sheikh Shakhbout Medical City (SSMC),
Abu Dhabi, UAE



Dr. Rajeev Tomar

MD, FRCPC (UK), CCT (UK)
Consultant Paediatrician &
Paediatric Hepatologist
King's College Hospital, London
Dubai, UAE



Ms. Stephy George

Pediatric TPN Nurse &
Home Parenteral Nutrition Coordinator
Al Jalila Children's Specialty Hospital,
Dubai Health
Dubai, UAE



Prof. Zulfiqar Mughal

MB ChB
Professor of Paediatric Bone Disorders,
Al Jalila Children's Specialty Hospital,
Dubai Health, Dubai, UAE

Scientific Agenda

Day 1: 29th October 2026, Thursday



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14:30 Registration

15:45 Welcome Note
Chairman of Congress & Congress Committee

State of the Art Lectures
Moderators: Dr. Wafaa Faysal and Dr. Balaji Krisnamurthy

16:00 Best of DDW/UEGW 2026 in IBD
Dr. Mohammed Nabil Quraishi, UAE

16:30 What is New with the 2025-2026 ESPGHAN Guidance for UC and Crohn's in Children
Dr. Jorge Amil Dias, POR

17:00 Management of GI Bleeding in Children (New ESPGHAN Guidance)
Prof. Mike Thomson, UK

17:30 Role Laser Confocal Endomicroscopy CLE in GI Diseases
Dr. Christos Tzivinikos, UAE

18:00 Poster Session, Coffee Break & Exhibits

Keynote Lectures
Moderators: Dr. Kamal Hassan, Dr Mohamed Rabea and Dr. Ala Shaikh Khalil

18:20 Development of Aerodigestive and Complex MDT Feeding Clinics in AJCH
Dr. Balaji Krishnamourthy, UAE

18:50 Mistakes in Gastrostomy Insertion in Children and How to Avoid Them (UEG Gut Guide)
Prof. Mike Thomson, UK

19:20 Mistakes in Foreign Body Ingestion in Children and How to Avoid Them (UEG Gut Guide)
Dr. Jorge Amil Dias, POR

19:50 Pediatric Liver Transplant Service in UAE: A Tandem Talk by King's College Hospital and SKMC
Dr. Rajeev Tomar, UAE and Dr. Einar Hafberg, ISL

20:20 Portal Hypertension in Children
Dr. Eiman Aljaberi, UAE

Oral Abstract Presentations

20:40 Critical Role of TDM in Treatment with Biologics in IBD
Dr. Abudlqader Al Zubaidi, UAE

20:50 Discontinuation of Biologics in Pediatric IBD? Is it Feasible? When and How Long Before Relapse?
Dr. Majd Fraihat, UAE

21:00 JAK Inhibitors and New IL-23 Adult and Pediatric Data
Dr. Ronda Alsamhouri, UAE

21:10 Dinner

Scientific Agenda

Day 2: 30th October 2026, Friday



2nd Best of Elite Ped-GI

7:30 Registration

Clinical Practice

Moderators: Dr. Nafea Alyasi, Dr. Amer Azaz and Dr. Messef Al Abdulrazzak

8:30 Beyond Survival - Newer Challenges in Home Parenteral Nutrition
Dr. Ajmal Kader, UAE

9:00 Nutrition in Celiac Disease
Ms. Lubna Dhalani, UAE

9:30 MDT Care and Home PN for Intestinal Failure Patient
(Tandem Talk with Doctor and PN Nurse)
Dr. Buthaian Almurbati, UAE and Ms. Stephy George, UAE

9:50 Bone Health in Intestinal Failure
Prof. Zulfiqar Mughal, UAE

10:10 Eosinophilic Esophagitis Across Ages: Clinical Case Sharing Session on
Patients Across Age Groups
Dr. Rana Bitar, UAE

10:30 Biosimilars in IBD
Dr. Christos Tzivinikos, UAE

10:50 Poster Session, Coffee Break & Exhibits

Keynote Lectures

Moderators: Dr. Rafia Owera and Dr. Yasser Negm

11:10 TBA
TBC

11:30 Obesity and Use of GLP-1 and Development of MDT Obesity Clinic in AJCH
Dr. Omar Alsoukhni, UAE

11:50 Rethinking Pediatric Obesity Management: The Emerging Role of
Pharmacotherapy Promise. Potential and Pitfalls
Dr. Maysa Saleh, UAE

12:10 Endobariatrics Option in Obesity
Dr. Maryam Al khatry, UAE

12:30 Opening Ceremony

12:45 Prayer & Lunch

Scientific Agenda

Day 3: 31st October 2026, Saturday



2nd Best of Elite Ped-GI

7:30 Registration

Clinical Practice
Moderators: Dr. Fatma Irfannah and
Dr. Tarik Barakat

8:30 TBA
Dr. Huda Ghafli

9:00 Eosinophilic Esophagitis:
Histology & Pathology
Dr. Anas Bernieh, UAE

9:20 Odevixibat in PFIC and
Alagille Syndrome
TBC
*Disclaimer to learners: This scientific
talk is sponsored by industry*

9:40 Practical Management of
Constipation in Children
Dr. Mohamed Miqdady, UAE
*Disclaimer to learners: This scientific
talk is sponsored by PharmaLink*

10:00 Poster Session, Coffee Break
& Exhibits

Keynote Lectures
Moderators: Dr. Neda and
Dr. Amal Alnaumi

10:20 Mental health MDT Role in
DGBIs
Dr. Azhar Aabuali, UAE

10:50 Challenging the Stigma:
Recognizing and Treating
DGBIs - The New Rome
Prof. David Rawat, UK

11:20 Esophageal Anomalies in
Children: From Diagnosis to
Management
Dr. Ehsan Malik, UAE



NutriMENA 2026

Pioneering Parenteral Nutrition Practices

7:00 Registration

8:00 Premixed Parenteral
Nutrition: Patient Selection
and Clinical Applications
Dr. Omar Alsoukhni, UAE

8:30 Fluid Management as a
Treatment Strategy:
Disease-Specific Approaches
in Clinical Practice
Dr. Mohammad Shara, UAE

9:00 Tailoring Nutritional Therapy:
Disease-Specific Nutrition
Support Strategies
Dr. Khlood Catroon, UAE

9:30 Home Parenteral Nutrition:
Building Sustainable Care
Beyond the Hospital
Dr. Mason Assaf, UAE

10:00 Nutrition Assessment in
Clinical Practice: From
Screening to Personalized
Nutrition Care Plans
Dr. Nishar Ahmed, UAE

10:30 Question & Answer

10:45 Coffee Break

11:00 Nursing Workshop: Infection
Prevention and Best Practices
in Nutrition Support
Dr. Adli Baroud, UAE
Ms. Eman Elyyan

Scientific Agenda

Day 3: 31st October 2026, Saturday



2nd Best of Elite Ped-GI

11:50

Poster Session, Coffee Break
& Exhibits

Keynote Lectures
Moderators: Dr. Shaden and
Dr. George Nawfal

12:10

GI Dystonia: From Concept
to Recognized Disorder
Prof. David Rawat, UK

12:40

When the Liver Talks to
the Lungs: Abernethy
Malformation and
Portopulmonary
Hypertension in Children
Dr. Ahmed Adel Hassan

13:00

TBA
TBC

*Disclaimer to learners: This scientific
talk is sponsored by Napo
Pharmaceuticals*

13:10

Abstract Oral Presentation 2

13:20

Abstract Oral Presentation 3

13:30

Abstract Oral Presentation 4

13:40

Abstract Awards and
Adjournment

13:50

Lunch



NutriMENA 2026

Pioneering Parenteral
Nutrition Practices

12:00

Workshop: Modern Sterile
Compounding and
Automation - Technologies
for Efficiency, Safety, and
Time Management
Dr. Omar Alsoukhni, UAE



For more information, please contact:
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www.elite-pedgi.com