

Save the Date



2nd Best of Elite Ped-GI

October 29 - 31, 2026 | Millennium Airport Hotel, Dubai, UAE



Featuring Parallel Session



NutriMENA 2026
Pioneering Parenteral
Nutrition Practices

October 31, 2026



Dr. Christos Tzivinikos
Conference Chairman

MD DCH FRCPCH MSc CEBP
Consultant Paediatric Gastroenterologist
Clinical Associate Professor,
MBRU School of Medicine
Al Jalila Children's Specialty Hospital, Dubai, UAE

Welcome Message

We are delighted to announce the **Best of Elite Ped-GI** featuring **NutriMENA 2026** on **29 - 31 October 2026** at the **Millennium Airport Hotel, Dubai, UAE**. The meeting is dedicated to advancing clinical knowledge and best practices in pediatric gastroenterology and nutrition, with a particular emphasis on parenteral nutrition in children with complex gastrointestinal disorders. It will serve as a unique platform for healthcare professionals to engage with the latest research, innovations, and clinical guidelines in a rapidly evolving field.

The scientific program will feature dedicated hands-on workshops for both Elite Ped-GI and NutriMENA, providing practical, case-based learning led by esteemed international and regional experts. Designed to support skill development and improve clinical outcomes in pediatric care, the event will bring together a distinguished group of pediatricians, gastroenterologists, clinical nutritionists, researchers, nurses, and other healthcare professionals from across the Middle East and beyond. Attendees can look forward to keynote lectures, panel discussions, clinical case reviews, and networking opportunities aimed at fostering collaboration and cross-disciplinary innovation.

We warmly invite you to join us this October in Dubai for two days of meaningful exchange, learning, and advancement in pediatric gastroenterology and nutrition.



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Learning Objectives:

Enhance Diagnostic Competence in Pediatric GI Disorders

Participants will learn to accurately diagnose and distinguish between various pediatric GI conditions using the latest criteria and clinical tools. A parallel hands-on workshop will reinforce these skills through practical training.

Apply Evidence-Based Therapeutic Strategies

Attendees will gain the ability to implement up-to-date, evidence-based treatments ranging from nutrition to advanced medications tailored to pediatric GI and liver disease cases.

Improve Multidisciplinary Collaboration for Better Patient Outcomes

Learners will enhance their teamwork skills with dietitians, nurses, and allied health professionals. The Al Jalila Children's Specialty Hospital Dubai team will share its expertise from running multidisciplinary clinics for complex conditions such as aerodigestive disorders, cystic fibrosis, and celiac disease.

Target Audience

- Primary Care
- Pediatrics
- Neonatology
- Family Medicine
- Infectious Diseases
- Hematology
- Internal Medicine
- Immunology
- Gastroenterologists & Surgeons
- ICU Adults and Pediatric Residents
- Clinical Pharmacists
- Hospital Pharmacist Technicians
- PharmD Students
- Clinical Dietitians
- Nursing
- Allied Health
- Clinical Laboratory

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1,200 AED

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Ultrasound Workshop
300 AED

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Consultant Paediatric Gastroenterologist
Clinical Associate Professor,
MBRU School of Medicine
Al Jalila Children's Specialty Hospital, Dubai, UAE



Dr. Adli Maher Mohammed Baroud

DBA, RN, CIC®
Infection Prevention & Control Charge
Practitioner
Al Jalila Children's Specialty Hospital,
Dubai Health, Dubai, UAE



Dr. Ahmed Adel Hassan

Consultant Paediatric &
Congenital Interventional Cardiologist,
Lead, Paediatric Pulmonary
Hypertension Service, Dubai Health
Al Jalila Children's, Latifa, Dubai Hospital,
Dubai, UAE



Dr. Ajmal Kader

MD (Pediatrics), MRCPCH (UK),
CCT (Pediatrics & Ped Gastro)[UK], FRCPCH (UK)
Consultant Pediatric Gastroenterologist
Head of Department,
Al Jalila Children's Specialty Hospital, Dubai



Dr. Amal Alnuaimi

MBBS, Arab Board
Pediatric Gastroenterology Fellow |
Arab Board Certified Pediatric Specialist
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Anas Bernieh

Consultant, Anatomic & Pediatric Pathology
Division of Pathology & Laboratory Medicine,
Dubai Health
Dubai, UAE



Dr. Azhar Abuali

Senior Clinical Psychologist &
Pediatric Mental Health Research Lead
Clinical Lecturer, Mohammed Bin Rashid University
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Balaji Krishnamurthy

Consultant Paediatric Gastroenterologist &
Program Director – Paediatric Gastroenterology
Fellowship Program
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Buthaina Al Murbati

Senior Pediatrician &
Consultant Pediatric Gastroenterologist
Home TPN Lead, Al Jalila Children's Hospital
Dubai, UAE



Prof. David Rawat

MB BAO BCh, LRCP & SI, MRCPCH, MSc
Consultant Paediatric Gastroenterologist &
Lead for Paediatric GI Motility Services
The Royal London Hospital, London, UK
Clinical Professor, Khalifa University College of
Medicine and Health Sciences, UAE



Dr. Doaa Zourob

MBBS, MRCPCH, Arab Board, ArBPGHN
Pediatric Consultant
Pediatric Gastroenterology, Hepatology & Nutrition
Al Mushrif Pediatric Subspecialty Center, SEHA
Abu Dhabi, UAE



Dr. Ehsan Malik

MBBS, M.Ch., MRCPCH
Consultant Pediatric
Gastroenterology and Hepatology,
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Eiman Aljaberi

MBBCh, Arab Board, Saudi Fellowship
Consultant Pediatric Gastroenterologist &
Deputy Program Director
Pediatric Gastroenterology Fellowship Program
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Einar Hafberg

MD
Consultant Physician, Gastroenterology &
Hepatology
Medical Director, Pediatric Liver Transplant
Program
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



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Ms. Eman Elyyan

MN, BSN
Advanced Practice Nurse /
Clinical Nurse Specialist – Gastroenterology
Home Parenteral Nutrition (HPN) Program Lead
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Huda Alghfeli

Pediatric Gastroenterology Consultant
Burjeel Medical City,
Abu Dhabi, UAE



Dr. Hussain Saber Aldaher

MBBS
Senior Pediatric Resident (PGY-4)
Al Jalila Children's Hospital,
Dubai Health, UAE



Dr. Iyad Ghazal

M.Sc/Clinical Pharmacist
Clinical Pharmacist
Sheikh Khalifa Medical City (SKMC),
Abu Dhabi, UAE



Prof. Jorge Amil

Pediatric Gastroenterologist, Hospital Lusíadas,
Porto, Portugal
Chair, Public Affairs Committee, ESPGHAN



Dr. Khlood Catroon

BSc Pharmacy, MSc Clinical Pharmacy
Senior Clinical Pharmacist,
Neonatal Intensive Care Unit (NICU),
Corniche Hospital,
Abu Dhabi, UAE



Ms. Lubna Dhalani

RD, CDE, CBN
Clinical Dietitian & Diabetes Educator,
Pediatric Nutrition & Obesity Management,
Al Jalila Children's Hospital & Aster Clinics,
Dubai, UAE



Dr. Majd Fraihat

MBBS, MRCPCH
Chief Pediatric Gastroenterology Fellow,
Al Jalila Children's Hospital;
Arab Board Certified in Pediatrics and
Neonatology,
Dubai, UAE



Dr. Maryam Al khateri

Consultant Gastroenterologist &
Head of Gastroenterology and
Endoscopy Department
Obaidullah Hospital, Emirates Health Services
Ras Al Khaimah, UAE



Dr. Mason Assaf

PharmD, BCNSP, BCOSP,
Clinical Pharmacist,
Al Jalila Children's Specialty Hospital,
Sharjah, UAE



Dr. Maysa Saleh

FRCPCH, MD, PhD
Consultant Pediatric Endocrinologist,
Pediatric Residency Program Deputy,
Adjunct & Clinical Associate Professor,
Al Jalila Children's Specialty,
University of Sharjah & MBRU, Dubai, UAE



Prof. Mike Thomson

Professor of Paediatric Gastroenterology,
Sheffield University Medical School
Consultant Paediatric Gastroenterologist and
Interventional Endoscopist,
Sheffield Children's Hospital, UK



Dr. Mohamad Miqdady

American Board of Ped. GI,
Hepatology & Nutrition
Chief, Ped. GI, Hepatology & Nutrition Division
Sheikh Khalifa Medical City
Clinical Professor, College of Medicine &
Health Sciences, Khalifa University,
Abu Dhabi, UAE



Prof. Mohamed Zulficar

MB ChB
Professor of Paediatric Bone Disorders,
Al Jalila Children's Specialty Hospital,
Dubai Health, Dubai, UAE



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Faculty



Dr. Nabil Qureshi

PhD, MBChB, MSc, FRCP, FRCPE, FEBGH
Consultant Gastroenterologist & Director,
IBD Center, Sheikh Shakhboub Medical City (SSMC),
Abu Dhabi, UAE



Dr. Naeem Ayub

Consultant Paediatrician &
Paediatric Gastroenterologist
Sheikh Khalifa Medical City –
Women & Children's Hospital,
Ajman, UAE



Dr. Nishar Ahmed

Clinical Nutrition Educator,
Abu Dhabi, UAE



Dr. Omar Alsoukhni

PharmD, MSc, BCNSP
Pharmacy Manager, Inpatient Services
Board Certified Nutrition Support Pharmacist |
Clinical Pharmacy & Pediatric/Neonatal Nutrition
Specialist
Cleveland Clinic Abu Dhabi, UAE



Dr. Pravin Chaturvedi

Ph.D.
Adjunct Assistant Professor, Department of
Medicine (Endocrinology)
Georgetown University Medical Center,
Washington, DC, USA
Chairman, Scientific Advisory Board &
Chief Scientific Officer,
Napo Pharmaceuticals, A Jaguar Health Company
Co-Founder, Chief Executive Officer & Director,
Oceanyx Pharmaceuticals, USA"



Dr. Rajeev Tomar

MBBS, MD, FRCPCH, MBA
Clinical Director – Paediatrics |
Paediatric Hepatology & Liver Transplantation
Dubai, UAE



Dr. Rana Bitar

Assistant Professor, Khalifa University,
Consultant Paediatric Gastroenterologist,
Sheikh Khalifa Medical City,
Abu Dhabi, UAE



Dr. Ronda Ihsan Hashem Alsamhour

MBBS
Pediatric Gastroenterology Fellow
Al Jalila Children's Specialty Hospital,
Dubai, UAE



Dr. Shayda Al-Talabani

Family Medicine Specialist & Senior Lecturer
College of Medicine, Hawler Medical University,
Kurdistan, Iraq



Ms. Stephy George

Pediatric TPN Nurse &
Home Parenteral Nutrition Coordinator
Al Jalila Children's Specialty Hospital,
Dubai Health
Dubai, UAE



14:30 Registration

15:45 Welcome Note
Chairman of Congress & Congress Committee

State of the Art Lectures
Moderators: Dr. Wafaa Faysal and Dr. Balaji Krishnamurthy

16:00 Best of DDW/UEGW 2026 in IBD
Dr. Mohammed Nabil Quraishi, UAE

16:30 What is New with the 2025-2026 ESPGHAN Guidance for UC and Crohn's in Children
Dr. Jorge Amil Dias, POR

17:00 Management of GI Bleeding in Children (New ESPGHAN Guidance)
Prof. Michael Thomson, UK

17:30 Role Laser Confocal Endomicroscopy CLE in GI Diseases
Dr. Christos Tzivinikos, UAE

18:00 Poster Session, Coffee Break & Exhibits

Keynote Lectures
Moderators: Dr. Kamal Hassan, Dr. Mohamed Rabea and Dr. Ala Khalil Shaikhkhalil

18:20 Implementation of MDT Aerodigestive Clinic
Dr. Balaji Krishnamurthy, UAE

18:50 Mistakes in Gastrostomy Insertion in Children and How to Avoid Them (UEG Gut Guide)
Prof. Michael Thomson, UK

19:20 Mistakes in Foreign Body Ingestion in Children and How to Avoid Them (UEG Gut Guide)
Dr. Jorge Amil Dias, POR

19:50 Pediatric Liver Transplant Service in UAE: A Tandem Talk by King's College Hospital and SKMC
Dr. Rajeev Tomar, UAE and Dr. Einar Hafberg, UAE

20:20 Portal Hypertension in Children
Dr. Eiman Aljaberi, UAE

Oral Abstract Presentations

20:40 Critical Role of TDM in Treatment with Biologics in IBD
Dr. Amal Alnuaimi, UAE

20:50 Discontinuation of Biologics in Pediatric IBD? Is it Feasible? When and How Long Before Relapse?
Dr. Majd Fraihat, UAE

21:00 JAK Inhibitors and New IL-23 Adult and Pediatric Data
Dr. Ronda Alsamhour, UAE

21:10 Dinner



7:30 Registration

Clinical Practice

Moderators: Dr. Sofia Konstantinopoulou, Dr. Amer Azaz and Dr. Messef Abdul Razzak

8:30 Beyond Survival - Newer Challenges in Home Parenteral Nutrition
[Dr. Ajmal Kader, UAE](#)

9:00 Nutrition in Celiac Disease
[Ms. Lubna Dhalani, UAE](#)

9:30 MDT Care and Home PN for Intestinal Failure Patient
(Tandem Talk with Doctor and PN Nurse)
[Dr. Buthaina Almurbati, UAE](#) and [Ms. Stephy George, UAE](#)

9:50 Panel Discussion - Intestinal Barrier Beyond TPN
[Dr. Mohamad Miqdady, UAE](#), [Dr. Christos Tzivinikos, UAE](#) and
[Dr. Pravin Chaturvedi, USA](#)

Disclaimer to learners: This scientific talk is sponsored by Napo Pharmaceuticals

10:10 Bone Health in Intestinal Failure
[Prof. Mohamed Zulficar, UAE](#)

10:30 Biosimilars in IBD
[Dr. Christos Tzivinikos, UAE](#)

10:50 Poster Session, Coffee Break & Exhibits

Keynote Lectures

Moderators: Dr. Rafia Owera and Dr. Yasser Negm

11:10 Evaluation and Management of Metabolic Dysfunction - Associated Steatotic Liver Disease in Children in 2026
[Dr. Naeem Ayub, UAE](#)

11:30 Obesity and Use of GLP-1 and Development of MDT Obesity Clinic in AJCH
[Dr. Omar Alsoukhni, UAE](#)

11:50 Rethinking Pediatric Obesity Management: The Emerging Role of Pharmacotherapy Promise. Potential and Pitfalls
[Dr. Maysa Saleh, UAE](#)

12:10 Endobariatrics Option in Obesity
[Dr. Maryam Al khateri, UAE](#)

12:30 Opening Ceremony

12:45 Prayer & Lunch

Scientific Agenda

Day 3: 31st October 2026, Saturday



2nd Best of Elite Ped-GI

7:30 Registration

Clinical Practice
Moderators: Dr. Faatimah Irfaanah and
Dr. Tarik Barakat

8:30 Wilson's Disease
(ESPGHAN Guidance and
New Treatment on the
Horizon)
Dr. Huda Alghfeli, UAE

9:00 Eosinophilic Esophagitis:
Histology & Pathology
Dr. Anas Bernieh, UAE

9:20 Exploring the Science
Behind IBAT Inhibition in
PFIC & ALGS
Dr. Mohamad Miqdady, UAE
*Disclaimer to learners: This scientific
talk is sponsored by IPSN*

9:40 Bile Acid Disorders
Dr. Mohamad Miqdady, UAE
*Disclaimer to learners: This scientific
talk is sponsored by PharmaLink*

10:00 Poster Session, Coffee Break
& Exhibits

Keynote Lectures
Moderators: Dr. Neda and
Dr. Amal Alnaumi

10:20 Mental health MDT Role in
DGBIs
Dr. Azhar Abuali, UAE

10:50 Challenging the Stigma:
Recognizing and Treating
DGBIs - The New Rome
Prof. David Rawat, UK

11:20 Esophageal Anomalies in
Children: From Diagnosis to
Management
Dr. Ehsan Malik, UAE

11:50 Poster Session, Coffee Break
& Exhibits



NutriMENA 2026 Pioneering Parenteral Nutrition Practices

7:30 Registration

Moderator: Dr. Mohammad Alqudah

8:30 Premixed Parenteral
Nutrition: Patient Selection
and Clinical Applications
Dr. Omar Alsoukhni, UAE

9:00 Nutritional Management in
Pediatric with Congenital
Heart Disease: Optimizing
Growth and Outcomes
Dr. Iyad Ghazal

9:30 Tailoring Nutritional Therapy:
Disease-Specific Nutrition
Support Strategies
Dr. Khlood Catroon, UAE

10:00 Home Parenteral Nutrition:
Building Sustainable Care
Beyond the Hospital
Dr. Mason Assaf, UAE

10:30 Nutrition Assessment in
Clinical Practice: From
Screening to Personalized
Nutrition Care Plans
Dr. Nishar Ahmed, UAE

11:00 Question & Answer

11:15 Coffee Break

11:30 Nursing Workshop: Infection
Prevention and Best Practices
in Nutrition Support
Dr. Adli Baroud, UAE
Ms. Eman Elyyan

Scientific Agenda

Day 3: 31st October 2026, Saturday



2nd Best of Elite Ped-GI

Keynote Lectures
Moderators: Dr. Shaden Najeb and
Dr. Georges Nawfal

12:10 **GI Dystonia: From Concept to Recognized Disorder**
Prof. David Rawat, UK

12:40 **When the Liver Talks to the Lungs: Abernethy Malformation and Portopulmonary Hypertension in Children**
Dr. Ahmed Adel Hassan, UAE

13:00 **Pediatric Eosinophilic Esophagitis Updates: New Guidelines and Management in the Biologic Era**
Dr. Rana Bitar, UAE

13:20 **Abstract Oral Presentation 1**
The Efficacy of Topical Steroids Compared to Dupilumab in Children with Eosinophilic Esophagitis: A Single-Center Comparative Study
Dr. Doaa Zourob, UAE

13:30 **Abstract Oral Presentation 2**
Hyperphagia and Early-Onset Obesity: A Case of Leptin Receptor Deficiency
Dr. Shayda Al-Talabani, IQ

13:40 **Abstract Oral Presentation 3**
From Diet to Biologics: A Retrospective Evaluation of Treatment Outcomes in Pediatric Eosinophilic Esophagitis – A Single-Center Experience from the United Arab Emirates
Dr. Hussain Saber Aldaher, UAE

13:50 **Abstract Awards and Adjournment**

14:00 **Lunch**



NutriMENA 2026

Pioneering Parenteral Nutrition Practices

12:30 **Workshop: Modern Sterile Compounding and Automation - Technologies for Efficiency, Safety, and Time Management**
Dr. Omar Alsoukhni, UAE

14:00 **Lunch**



For more information, please contact:
Mohammed Alqishawi - Event Coordinator
+971 58 535 5113 | m.alqishawi@pems.me



www.elite-pedgi.com